



THE VICTIM’S SAFETY AND WELL-BEING TAKE PRIORITY IN ALL MATTERS

TRAUMA-INFORMED CARE RESOURCES

There are many resources available to help organizations and tribes understand, implement, and evaluate trauma-informed care. The resources listed in this document are a starting point, not an exhaustive list, to promote understanding of the physical, social, and emotional impact of trauma on an individual and the professionals who help them.

Online Trainings and Webinars

Webinars offer accessible training and help service providers build a foundational understanding of trauma and how to deliver trauma-informed care to victims of human trafficking.

| WEBSITE | SUMMARY |
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| Office for Victims of Crime (OVC) Training and Technical Assistance Center (TTAC) Building Trauma-Informed Organizations | Part four of an online training series offering guidance on how an organization can become trauma-informed and how to respond to trauma victims through modifying policies and procedures. |
| OVC TTAC Understanding Human Trafficking, Module 3: Using Victim-Centered Approaches | Online training module offering foundational learning on trauma-informed and victim-centered approaches to human trafficking. |
| National Human Trafficking Training and Technical Assistance Center SOAR, Trauma-Informed Care Module | Online training module discussing how to recognize the signs of trauma and deliver trauma-informed care to patients and clients. |
| Family and Youth Services Bureau Runaway and Homeless Youth Training and Technical Assistance Center Building Trauma-Informed Runaway and Homeless Youth Programs | Two-part interactive online series designed to support youth-serving agencies in adopting a universal, trauma-informed approach. |
| National Human Trafficking Training and Technical Assistance Center Trauma-Informed Human Trafficking Screenings | Webinar explaining how human trafficking victims are impacted by trauma and how to identify trauma-informed practices to implement during human trafficking screenings. |

Publications

Researchers, practitioners, policymakers, and survivors have done extensive work to advance the understanding of trauma and contributed to the growing body of literature on trauma-informed care.

| WEBSITE | SUMMARY |
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| Trauma Center at Justice Resource Institute: Project REACH Utilizing Trauma-Informed Approaches to Trafficking-Related Work | Guidance on how trauma manifests and how to understand and respond accordingly. |
| OVC Achieving Excellence: Model Standards for Serving Victims & Survivors of Crime | Guidance to help victim service practitioners and program administrators improve the quality and consistency of their response to crime victims. |
| OVC TTAC Human Trafficking Task Force E-Guide, Using a Trauma-Informed Approach | Guidance for how human trafficking task forces can use a trauma-informed approach. |
| Substance Abuse and Mental Health Services Administration (SAMHSA) Trauma Informed Care in Behavioral Health Services | Overview on how to create and implement an institutional framework for trauma-informed services in behavioral health services. |
| Health and Human Services (HHS) Office of the Assistant Secretary for Planning and Evaluation Treating the Hidden Wounds: Trauma Treatment and Mental Health Recovery for Victims of Human Trafficking | Issue brief on the trauma experienced by trafficking victims, its impact, the challenges meeting trauma-related needs, and promising approaches to treatment. |
| The Sanar Institute (Sanar) and Polaris Promising Practices: An Overview of Trauma-Informed Therapeutic Support for Survivors of Human Trafficking | A report on promising therapeutic support that can be used to enhance individual and group intervention for survivors of all forms of human trafficking. |
| SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach | This manual introduces a concept of trauma and offers a framework for becoming a trauma-informed organization, system, or service sector. |
| Trauma Informed Oregon Trauma-Informed Care Resources (National) | Index of information and resources about trauma and trauma-informed care. |
| The Southeast Regional Human Trafficking Advisory Group: An Initiative of HHS' Administration for Children and Families Regional 4 Office Guiding Principles for Agencies Serving Survivors of Human Trafficking | A framework to guide and evaluate agencies providing services to victims of human trafficking. Peer-reviewed by OVC, there are sections of the guide that specifically addressed being trauma informed and victim centered. |

Organizational Assessments

Researchers, practitioners, policymakers, and survivors have done extensive work to advance the understanding of trauma and contributed to the growing body of literature on trauma-informed care.

| WEBSITE | SUMMARY |
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| OVC Vicarious Trauma – Organizational Readiness Guide for Victim Services | Guide to determining how an organization can become vicarious trauma-informed by improving its response to work-related trauma exposure. |
| National Council for Behavioral Health Organizational Self-Assessment: Adoption of Trauma-Informed Care Practice | Performance improvement resource for policies, procedures, practices and social and physical environment reflective of the core principles and values of a trauma-informed care. Focus on a clinical and behavioral health perspective. |
| Community Connections Creating Cultures on Trauma-Informed Care | Self-assessment and planning protocol to use in the development, implementation, evaluation, and monitoring of trauma-informed programs. |
| The National Center on Family Homelessness Trauma-Informed Organizational Self-Assessment | Tool to help an organization examine its current practices and take specific steps to become trauma informed. Includes comprehensive information on trauma-informed services. |
| The Orchard Place Child Guidance Center Trauma-Informed Care Project - Self-Assessment for Trauma-Informed Care | Tool, adapted from the National Center on Family Homelessness Trauma-Informed Organizational Toolkit for Homeless Services, to help assess an organization’s readiness to implement a trauma-informed approach. |
| The Southeast Regional Human Trafficking Advisory Group: An Initiative of HHS’ Administration for Children and Families Regional 4 Office Guiding Principles for Agencies Serving Survivors of Human Trafficking | Self-assessment, which begins on page 70, based on the 15 guiding principles of the framework for agencies providing services to victims of human trafficking. |

Technical Assistance Providers

With expert knowledge on trauma-informed care, technical assistance providers offer support to help organizations take concrete steps to be more trauma responsive within their organization. The organizations below are some, not all, federally funded technical assistance providers with trauma-informed care resources.

| WEBSITE | SUMMARY |
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| U.S. Committee for Refugees and Immigrants Project TRUST | Targeted training and technical assistance on trauma-informed responses and services for anti-trafficking service providers. |
| Trauma Center at Justice Resource Institute Project REACH | Program provides consultation and technical assistance on mental health services for human trafficking victims. |
| OVC TTAC | Customized technical assistance on a variety of topics, including the Vicarious Trauma Toolkit. |
| National Child Traumatic Stress Network | Online and in-person training on a range of topics, from general trauma education to assessment and intervention techniques. |

